

Four Areas to Ask About

This tool is used to help you mentor students. Often we ask many questions about 1 or 2 of the areas below, while neglecting another. While not exhaustive, this tool helps you think more holistically about a student, and gives you a space to record notes from your meetings.

Name: _____

Date: _____

Personal & Relational

Issues of your past and your future dreams.
Friendships, roommates, boy/girlfriend,
co-workers, finances.

Family

Issues from relationships in your immediate
family and extended family.

Academic

Issues from coursework, study habits, time
management, grades, choice of major.

Spiritual

Issues relating to your relationship with God
(i.e. background, sin issues, devotional life).