

# SWOT Analysis For Break

This tool helps you analyze your own spiritual walk and your upcoming break. Breaks can be an opportunity for tremendous growth, or potential disaster. In order to actualize the former, it is in our best interest to head into break armed and prepared for what may lie ahead.

When you think about break, ask yourself these questions: what kind of environment will it be? what do you want to see happen? what don't you want to see happen? how can you do well? Walk through this resource to help you further process and prepare for break.

**S**trengths—What are some of your strengths currently in your Christian walk?

**W**eaknesses—What are some of the weaknesses in your Christian walk?

**O**pportunity—What are some opportunities over break that you see that will help you mature in your Christian walk?

**T**hreat—What are some things that you are likely to face this break that, if not properly dealt with, could be hurtful to your walk with God?

Very specifically write down a few things that you want to commit to doing this break, which will help you to grow in your walk with God and increase your maturity in Christ.

Who could you ask to support and help you reach these goals over break?